INTRODUCTION

Healthcare crises such as virus outbreaks are not really unprecedented phenomena in Malaysia. Back in the 1990’s, Nipah virus (NiV) was first detected in Malaysian population between October 1999 to May 1999. It subsequently spread to several regions across the country and headed south towards Singapore due to the movement of infected pigs\(^1\). The NiV outbreak damaged the billion dollar worth pig farming industry in Malaysia, and caused 105 human deaths giving rise to a mortality rate of nearly 40\(^2\). Consistent efforts by Malaysian virologist, Dr Kaw Bing Chua, in collaboration with various international scientists around the world ultimately led to the eradication of this destructive outbreak in Malaysia\(^3\). It is crucial to acknowledge the combined strategic and effective measures of the Malaysian government and healthcare authorities, back in those days that successfully curbed the disease outbreak\(^4\).

In 2019, the Coronavirus infectious diseases (COVID-19) from Wuhan, China, shattered the entire nation’s healthcare system and disrupted the everyday lives of all human beings. As of writing, the SARS-CoV-2 has infected nearly 171,782,908 people and caused 3,698,621 deaths globally\(^5\). National healthcare providers across the world are facing countless adversities due to this pandemic; while, the situation in developing countries is far more challenging. In Malaysia, the incidence of COVID-19 is increasing rapidly, for instance, newly infected cases recorded during the data collection of this study (18 May-20 May 2021) was 12,881 precisely.

Thereby, various ongoing efforts are currently being administered by the government to mitigate the propagation of disease and tackle this healthcare emergency. Continuation of Movement Control Order (MCO) in different phases, increased budget allocation for healthcare system from RM 30.6 billion in 2020 to RM 31.9 billion in 2021, and special allowance packages for the healthcare frontliners are some of the major initiatives\(^5\). However, eliminating

ABSTRACT

Since, children are affected by the coronavirus in the same way as adults, examining the children's knowledge, attitude, and practice (KAP) on COVID-19 would help in building a pandemic-resilient society. Therefore, the present study aims to investigate the knowledge, attitude, and practice regarding COVID-19 among primary school students. This online, cross-sectional study was conducted from May 18 to 20, 2021 among students aged 9 to 12 years old and having access to WhatsApp messenger on their smartphones. The study participants were selected from 17 primary schools in Kedah, Malaysia by convenience sampling, and the Google form invitation link was shared by the schools' guidance and counselling teachers. Analysis revealed higher females (53%) and majority aged 12 years (27.8%) out of 1207. 56% of respondents possessed good knowledge on COVID-19 (M=4.21, SD=1.16) with 73.75% overall correct responses. Children demonstrated positive attitudes (M=4.69, SD=1.23) scored the highest. Since knowledge is a critical tool in comprehending one's attitude and practice towards it, much effort is warranted to enhance the effectiveness of government strategies and mitigate the COVID-19 outbreak.

Keywords: Knowledge, Attitude, Practice, KAP, COVID-19, Children

KNOWLEDGE, ATTITUDE, AND PRACTICE REGARDING COVID-19 AMONG PRIMARY SCHOOL STUDENTS IN KEDAH, MALAYSIA: A CROSS-SECTIONAL STUDY

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the COVID-19 disease is an arduous task that may require ample time and resources.

Government has implemented several strategies such as nationwide closure of all educational institutions including primary to tertiary sectors to control the COVID-19 transmission. Currently, online learning seems to be an effective alternative during the school closure period due to pandemic. However, schools cannot remain closed for an indefinite time period as it plays a significant role in the child’s academic development. Simultaneously, policymakers also need to evaluate and enforce specific protocol before reopening schools to prevent higher level of community transmission. Indeed, out of 17 new COVID-19 clusters in the midst of April, 2021, four were detected in the education sectors involving two schools. Recently, the concern has been increasing dramatically and needs urgent attention due to the rising number of COVID-19 deaths including children in Malaysia.

Besides, due to the unavailability of COVID-19 vaccines for children, the government has to consider school reopening decision meticulously. In the current scenario, the most practical way to overcome this problem is by educating children on COVID-19 and reducing the risk of infection spread. Educators may be able to plan and implement effective strategies by identifying and ensuring that the students have adequate knowledge regarding COVID-19.

Moreover, the COVID-19 pandemic has made many people inquisitive as they want to comprehend the phenomenon better and protect their loved ones. Several questions have been revolving around people’s mind such as how does the virus spread? What are the symptoms? Who is highly vulnerable to the COVID-19 infection? What can we do? Research on people’s perception on COVID-19 helps the policymakers and healthcare authorities to advance the ongoing efforts to curb the disease from spreading vigorously. Since, children are affected by the coronavirus in the same way as any other age group, examining children’s level of knowledge, attitude, and practice on COVID-19 would help in planning appropriate strategies to build a pandemic-resilient society. As stated by Masoud et al., future study with different populations is needed to mitigate the outbreak of COVID-19 and to implement active, innovative strategies.

Students’ knowledge, attitude, and practice (KAP) on COVID-19 is an important element in determining the community’s readiness to understand and practice the Standard Operation Procedure (SOP) guidelines introduced by the government. Furthermore, the KAP research has a significant contribution in developing proper prevention and intervention strategies as well as educational, health and safety related programs to battle the COVID-19 pandemic.

LITERATURE REVIEW

As knowledge, attitude and practice, collectively, plays a pivotal role in ensuring these efforts and managing the disease transmission, thereby, several research involving COVID-19 related KAP has been recently carried out to utilize the valuable information for a greater good of the community. The research on knowledge, attitude and practice regarding COVID-19 has expanded to many countries including Malaysia, Singapore, Bangladesh, China, India, Pakistan, Egypt, Hong Kong, Iran, Palestine, South Korea, Sudan, and Uganda, Syria, Nepal, and Northeast Ethiopia, as an effort towards improving the communication and intervention in response to the pandemic.

In the Malaysian context, majority of the studies focused on general population including young adults and elderly and university students. Although, one recent study with a younger age group (15 years and above) aimed to find the KAP of social distancing during COVID-19 outbreak. Previous studies associated individuals with lower educational level having reduced COVID-19 knowledge; thus, making them more vulnerable and more likely to develop negative attitude and behaviour.

Studies conducted among the general public and medical students in Malaysia shows that most of the respondents possessed good level of knowledge and showed positive attitude on practicing the precautionary steps to prevent infection. However, wearing masks is reportedly less common among the Malaysian population as observed by Azlan et al. Several existing studies reported that most of the people across the world are equipped with good level of knowledge on COVID-19 and practice appropriate preventive behaviour. For example, Banik et al. found that Bangladeshis possessed a higher level of knowledge on COVID-19; whereas females scored higher than male respondents. Indeed, there are mixed findings regarding the knowledge on COVID-19 related to gender differences. Contradict to previous study which demonstrated higher knowledge on COVID-19 among females, several other studies indicated that male possessed greater COVID-19 knowledge.

Referring back to the people’s knowledge, attitude and practice on COVID-19, a larger number of studies revealed that public has very poor knowledge on COVID-19, and fair level of COVID-19 knowledge among people in Nepal and Sudan. Overall, it can be concluded that people’s knowledge on certain issues particularly during the public health
Very limited number of studies were carried out to investigate KAP on COVID-19 among primary school students. Existing evidence among primary schools in China (7-11 years old) indicated that optimistic students have good knowledge, attitudes, and practices compared to depressive students. Additionally, a finding from a preprint article revealed that 74.1% out of 7,377 students from primary and secondary schools in China possessed good level of knowledge on COVID-19. Wen et al. further claimed that primary school students (9-12 years old) scored higher than vocational students in terms of knowledge on COVID-19. Indeed, both existing evidence indicated that females possessed a higher level of knowledge on COVID-19 compared to males.

In local context, this is the very first study in Malaysia involving children. To address the existing gaps in literature, the current study investigated the level of knowledge, behaviour, and attitude towards COVID-19 among primary school students and identified the influence of knowledge on practicing COVID-19 precautionary guideline and attitude. This study also investigated the gender and age differences related to COVID-19 knowledge to identify the vulnerable group of students during this destructive outbreak. As mentioned earlier, this study may help to improve the targeted management and health education of COVID-19 among school students.

METHODS

Since survey is a distinctive method to gather information from a larger sample concerning the knowledge of a certain issue or topic, the current study utilized a cross-sectional design to investigate the knowledge, attitude, and perception towards COVID-19 among primary school students in Malaysia.

Participants

The respondents of this study were selected from 17 primary schools in Kedah, Malaysia by convenience sampling. Students aged between 9-12 years old, having access to WhatsApp messenger on their smartphones were eligible to participate in this study. The total population of primary school students was approximately 12,457. Krejcie and Morgan sample decision model was used to determine the sample size for this study. According to the sample size determination table, the minimum sample size required for this study was 375; however, after considering a survey response rate of 40%, the estimated sample size was calculated to be 938.

Nonetheless, the researchers recruited 1207 participants due to the increased number of responses, and to strengthen the study analysis.

Procedure

The data collection occurred over 3 days (May 18 to 20, 2021). At the time of data collection, Malaysia recorded a drastic escalation in the COVID-19 infection rate. Thereby, the current study opted for an online survey tool, whereby, Google forms were administered to gather all data. Researchers have utilized every possible way to communicate with the school administration and to run the data collection process smoothly. Participants for this study were invited through the assistance of every schools’ guidance and counselling teachers. The survey invitation contained general information on the study including its objective, outcome, consent statement from parents, and contact information of principal investigator for any study-related queries. Prior permission was also obtained from the schools’ administrative departments. The respondents were also informed about data confidentiality and voluntary participation. The invitation link was shared through WhatsApp messenger since Malaysians are one of the largest WhatsApp users globally. In fact, previous studies in Malaysia have also emphasized the usage of WhatsApp for educational purposes, therefore, the questionnaire link was disseminated through WhatsApp mobile application on April 18, 2021.

Measurement

Survey questionnaire utilized in this research was adopted from Lee et al., and followed similar measurement scale. However, it was originally developed by Zhong et al., an online, cross-sectional study to investigate the knowledge, attitude, and practice on COVID-19 among Chinese residents. Recently, other researchers have also used this tool for similar KAP studies on COVID-19 in Malaysian population. Due to the ease of students’ better understanding, the survey instrument used in this study was delivered in simple English language, and had four main components. Section one comprised of six items concerning the knowledge on COVID-19 including clinical characteristics of the virus, method of transmission, and disease prevention. Each item has three options namely ‘Yes’, ‘No’, and ‘Don’t know’. Each correct answer assigned one point and an aggregated score was calculated (range 0-6) with a higher score indicating better knowledge. Section two consisted of three items concerning the attitude on COVID-19 and each of the items was measured using 4-point Likert scale namely, ‘1=never, 2=sometimes, 3=often, 4=always’. Three items in this section measured preventive actions and social distancing. Section three
contained two questions concerning the perceived risk of COVID-19 infection which focus on respondents’ belief on possibility of infection and perceived severity if they get infected. Responses were rated on a 5-point Likert scale, with “1=very low, 3=neither low nor high, and 5=very high”. Another two items under section three focused on the perceived precautionary behaviour related to COVID-19 with 4-point Likert scale from ‘1=not at all to 4=extremely. Lastly, section four in this study consisted of two demographic questions related to the gender and age of respondents. Content and construct validity were carried out to test the validity and reliability of this research instrument. The study questionnaire was reviewed by two experts in the field of public health. Items with a factor loading of greater than 0.30 was considered acceptable. The reliability analysis for the three domains of questionnaire were 0.76, 0.84, and 0.82 respectively. While the overall Cronbach’s alpha coefficient for knowledge, attitude and practice was 0.85, indicating acceptable internal consistency and reliability (Table 1).

Statistical Analysis

Data was analysed using the IBM Statistical Package of Social Sciences (SPSS) version 25.0. Data exploration and cleaning was carried out. Then, descriptive statistics was applied by reporting all quantitative variables either as mean (M), standard deviation (SD), and frequencies (percentage %). Simple linear regression was performed to investigate the relationship between COVID-19 knowledge, attitude and practices. Residual normality and multicollinearity were checked. Multiple regression analysis was conducted to find the differences in gender and age in regard to the COVID-19 knowledge. The level of significance was set at P-value less than 0.05.

RESULTS

Firstly, the outliers in this study were identified using a boxplot. There were no extreme outliers present in knowledge, attitudes and practices, thus, no outliers were removed. Overall, responses from 1207 samples deemed valid with no missing or incomplete information, and were considered in the final analysis. Sociodemographic characteristics showed that female students (53%) outnumbered the males (47%). Meanwhile in terms of age, majority (27.8%) of the respondents were 12 years, followed by 10 years (25.9%), 11 years (24%), and 9 years (22.2%).

Knowledge, attitudes, and practices concerning COVID-19

56% of the respondents possessed good knowledge on COVID-19 (M=4.21, SD=1.16), with 73.75% overall correct response rate for the knowledge item. Respondents appeared to be knowledgeable about the main clinical symptoms of COVID-19 (84.3% correct responses), and 80.9% respondents correctly mentioned that wearing medical masks can prevent COVID-19 infection (Table 2).

In terms of attitude, overall, participants showed positive attitudes with mean value of 3.64 (SD=0.67). Respondents perceived risk of becoming infected with COVID-19 was higher (M=3.60, SD=1.23) as compared to the perceived severity of COVID-19 infection (M=3.53, SD=1.33). Meanwhile, for efficacy beliefs, respondents believed that practicing personal hygiene such as wearing facial masks and using hand hygiene is highly effective (M=3.72, SD=0.64) compared to social distancing such as avoiding crowded places (M=3.68, SD=0.70).

For practices of preventive behaviour, most of the respondents scored average and followed the preventive measures such as wearing facial masks (M=3.43, SD=0.76), as well as frequent hand washing and the regular use of hand sanitizer (M=3.34, SD=0.78). However, low scores were discovered on avoid visiting crowded places (M=2.51, SD=1.22).

Relationship between COVID-19 knowledge, attitude and practices

Simple linear regression was conducted in order to investigate the influence of COVID-19 knowledge on the respondents’ attitude and practice. A few assumptions were performed such as normality of the residuals and linearity. The first model was conducted to determine the relationship between COVID-19 knowledge and attitudes. The model was significant F (1, 1205) =35.90, p<0.001. R² was 0.03, indicating that 3% of variance in attitudes can be explained by the knowledge towards COVID-19. Results also showed that knowledge has a significant effect on the children’s attitudes (Beta=0.17, p<0.001) (Table 4).

The second regression model was conducted to determine the relationship between COVID-19 knowledge and practices. The model was significant F (1, 1205) =78.55, p<0.001. R² was 0.06, indicating that 6% of the variance in practices can be explained by knowledge towards COVID-19. Results further revealed that knowledge has a significant effect on practices (Beta=0.25, p<0.001) (Table 3).
Table 1: Exploratory factor analysis and internal consistency to present the construct validity and reliability analyses of questionnaire on COVID-19 knowledge, attitude, and practice

<table>
<thead>
<tr>
<th>Knowledge</th>
<th>Attitude</th>
<th>Practice</th>
<th>Cronbach’s Alpha</th>
</tr>
</thead>
<tbody>
<tr>
<td>B1: The main clinical symptoms of COVID-19 are fever, fatigue, dry cough, and myalgia</td>
<td>0.643</td>
<td></td>
<td>0.76</td>
</tr>
<tr>
<td>B2: There currently is no effective cure for COVID-2019, but early symptomatic and supportive treatment can help most patients recover from infection.</td>
<td>0.429</td>
<td></td>
<td></td>
</tr>
<tr>
<td>B3: Not all persons with COVID-2019 will develop severe cases. Only those who are elderly have chronic illnesses are more likely to be in severe cases.</td>
<td>0.521</td>
<td></td>
<td></td>
</tr>
<tr>
<td>B4: Eating or contacting wild animals would result in infection by the COVID-19 virus.</td>
<td>0.614</td>
<td></td>
<td></td>
</tr>
<tr>
<td>B5: The COVID-19 virus spreads via respiratory droplets of infected individuals.</td>
<td>0.489</td>
<td></td>
<td></td>
</tr>
<tr>
<td>B6: Ordinary residents can wear general medical masks to prevent infection by the COVID-19 virus.</td>
<td>0.715</td>
<td></td>
<td></td>
</tr>
<tr>
<td>C1: What do you think is the possibility of your COVID-19 infection?</td>
<td>0.719</td>
<td></td>
<td></td>
</tr>
<tr>
<td>C2: What do you think will be the severity if COVID-19 infects you?</td>
<td>0.507</td>
<td></td>
<td></td>
</tr>
<tr>
<td>C3: Practicing personal hygiene such as wearing facial masks and hand hygiene'</td>
<td>0.470</td>
<td></td>
<td></td>
</tr>
<tr>
<td>C4: Social distancing such as avoiding crowded places</td>
<td>0.521</td>
<td></td>
<td></td>
</tr>
<tr>
<td>D1: Wearing facial masks</td>
<td>0.765</td>
<td></td>
<td></td>
</tr>
<tr>
<td>D2: Wash hands frequently and use hand sanitizer</td>
<td>0.649</td>
<td></td>
<td></td>
</tr>
<tr>
<td>D3: Avoid visiting crowded places</td>
<td>0.509</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
Table 2: Response of knowledge on COVID-19 (N=1207)

<table>
<thead>
<tr>
<th>No.</th>
<th>Knowledge Items</th>
<th>Correct</th>
<th>Incorrect</th>
<th>Do not know</th>
</tr>
</thead>
<tbody>
<tr>
<td>B1</td>
<td>The main clinical symptoms of COVID-19 are fever, fatigue, dry cough, and myalgia.</td>
<td>1018 (84.3%)</td>
<td>168 (13.9%)</td>
<td>21 (1.7%)</td>
</tr>
<tr>
<td>B2</td>
<td>There currently is no effective cure for COVID-19, but early symptomatic and supportive treatment can help most patients recover from infection.</td>
<td>912 (75.6%)</td>
<td>167 (13.8%)</td>
<td>128 (10.6%)</td>
</tr>
<tr>
<td>B3</td>
<td>Not all persons with COVID-19 will develop severe cases. Only those who are elderly have chronic illnesses are more likely to be in severe cases.</td>
<td>736 (61.0%)</td>
<td>383 (31.7%)</td>
<td>88 (7.3%)</td>
</tr>
<tr>
<td>B4</td>
<td>Eating or contacting wild animals would result in infection by the COVID-19 virus.</td>
<td>730 (60.5%)</td>
<td>356 (29.5%)</td>
<td>121 (10.0%)</td>
</tr>
<tr>
<td>B5</td>
<td>The COVID-19 virus spreads via respiratory droplets of infected individuals.</td>
<td>968 (80.2%)</td>
<td>169 (14.0%)</td>
<td>70 (5.8%)</td>
</tr>
<tr>
<td>B6</td>
<td>Ordinary residents can wear general medical masks to prevent infection by the COVID-19 virus.</td>
<td>977 (80.9%)</td>
<td>170 (14.1%)</td>
<td>60 (5.0%)</td>
</tr>
</tbody>
</table>

Table 3: Response of knowledge, attitudes and practices on COVID-19

<table>
<thead>
<tr>
<th>Variable</th>
<th>Range</th>
<th>M</th>
<th>SD</th>
</tr>
</thead>
<tbody>
<tr>
<td>Knowledge</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Knowledge score</td>
<td>0-6</td>
<td>4.43</td>
<td>1.32</td>
</tr>
<tr>
<td>Attitudes</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Perceived Risk of COVID-19 infection</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>What do you think is the possibility of your COVID-19 infection?</td>
<td>1-5</td>
<td>3.53</td>
<td>1.33</td>
</tr>
<tr>
<td>What do you think will be the severity if COVID-19 infects you?</td>
<td>1-5</td>
<td>3.60</td>
<td>1.23</td>
</tr>
<tr>
<td>Efficacy beliefs</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Practicing personal hygiene such as wearing facial masks and hand hygiene</td>
<td>1-4</td>
<td>3.72</td>
<td>0.64</td>
</tr>
<tr>
<td>Social distancing such as avoiding crowded places</td>
<td>1-4</td>
<td>3.68</td>
<td>0.70</td>
</tr>
<tr>
<td>Practices</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Practices of preventive behaviour</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Wearing facial masks</td>
<td>1-4</td>
<td>3.43</td>
<td>0.76</td>
</tr>
<tr>
<td>Wash hands frequently and use hand sanitizer</td>
<td>1-4</td>
<td>3.34</td>
<td>0.78</td>
</tr>
<tr>
<td>Avoid visiting crowded places</td>
<td>1-4</td>
<td>2.51</td>
<td>1.22</td>
</tr>
</tbody>
</table>

* M: means and SD: standard deviation

Gender and age differences in COVID-19 knowledge

The differences in gender and age in relation to the COVID-19 knowledge were examined by using multiple regression analysis. Prior to analyzing the regression model, a few assumptions were performed such as residual normality and multicollinearity (attached in Appendix). After
checking all possible assumptions met, the regression for two factors (age and gender) were suitable to be conducted. The regression model was significant $F(2, 1204) = 10.744, p < 0.001$. $R^2$ was 0.018, indicating that 1.8% of variance in knowledge towards COVID-19 can be explained by both these demographic characteristics. Analysis showed that females scored lower knowledge level on COVID-19 than male respondents ($\text{Beta} = -0.01, p = 0.65$), however no significant differences were established among both gender in regards to COVID-19 knowledge (Table 5).

Table 4: COVID-19 knowledge determinants of attitude and practices

<table>
<thead>
<tr>
<th></th>
<th>B</th>
<th>Std. Error</th>
<th>Beta</th>
<th>t-statistic</th>
<th>P-value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Model 1</td>
<td>Constant</td>
<td>3.25</td>
<td>0.07</td>
<td>48.85</td>
<td>&lt; 0.001</td>
</tr>
<tr>
<td></td>
<td></td>
<td>0.09</td>
<td>0.01</td>
<td>0.17</td>
<td>5.99</td>
</tr>
<tr>
<td>Model 2</td>
<td>Constant</td>
<td>2.54</td>
<td>0.07</td>
<td>38.47</td>
<td>&lt; 0.001</td>
</tr>
<tr>
<td></td>
<td></td>
<td>0.13</td>
<td>0.01</td>
<td>0.25</td>
<td>8.86</td>
</tr>
</tbody>
</table>

Table 5: Gender and age determinants of COVID-19 knowledge

<table>
<thead>
<tr>
<th></th>
<th>B</th>
<th>Std. Error</th>
<th>Beta</th>
<th>t-statistic</th>
<th>P-value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Constant</td>
<td>6.09</td>
<td>0.36</td>
<td>0.36</td>
<td>16.79</td>
<td>&lt; 0.001</td>
</tr>
<tr>
<td>Gender (v. male)</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Female</td>
<td>-0.03</td>
<td>0.08</td>
<td>-0.01</td>
<td>-0.45</td>
<td>0.65</td>
</tr>
<tr>
<td>Age</td>
<td>-0.16</td>
<td>0.03</td>
<td>-0.13</td>
<td>-4.62</td>
<td>&lt; 0.001</td>
</tr>
</tbody>
</table>

DISCUSSION

It was initially predicted that younger children do not play a major role in disease transmission, however, as newly modified strains are being identified and adults are getting vaccinated, it increases the possibility of children getting infected and bringing the virus home. In Michigan, the incidence of COVID-19 cases was highest among children getting exposed to the B.1.1.7 variant, and the escalation was right after the schools reopened. Similar observations regarding children were also noted in the UK and Europe. While asymptomatic cases in children have also been reported; a recent study published in the Lancet revealed a greater proportion of children having mild disease or asymptomatic infection. This is quite alarming and risky for all population who comes in close contact to the asymptomatic COVID-19 cases.

The results also revealed that age has a significant effect on COVID-19 knowledge ($\text{Beta} = 0.13, p < 0.001$), wherein students from higher academic level and advancing age showed better knowledge, such as year 6 (12 years old; $M = 4.69, SD = 1.23$) possessed good level of knowledge, followed by year 5 (11 years old; $M = 4.53, SD = 1.31$), year 4 (10 years old; $M = 4.26, SD = 1.42$), and year 3 (9 years old; $M = 4.26, SD = 1.29$) (Table 4).

Therefore, government officials need to strategize and enforce effective health programs for increasing infection control practice and engaging public awareness in order to tackle the rising number of cases.

Children are the building blocks of society who require adequate health literacy, positive attitude and preventive behaviour towards COVID-19. It is important to assess this specific population as they may be less knowledgeable and more likely to absorb the false information spread via internet or social media. Thus, this research aimed to investigate the KAP among Malaysian primary school students.

Study findings revealed that the primary school students have adequate knowledge about COVID-19, its clinical characteristics, mode of transmission, and prevention. The respondents’
perceived risks and efficacy beliefs related to their attitudes were also high. Majority of the children have been practicing preventive behaviour but avoiding or visiting crowded places was less frequently practiced, which indicates the need of additional safety measures to monitor and resolve this issue. It was also found that knowledge is significantly associated with the respondents’ practice and attitude. This shows that knowledge plays an active role in improving the preventive behaviour, as similar correlations were also interpreted in other KAP studies\(^2\), \(^8\), \(^2\). Even with the good level of knowledge in children, there was notable misinformation regarding the COVID-19 virus transmission through eating or contact with wild animals, as 60.5% of the respondents had the misconception that this statement was correct. This particular finding is consistent with another Malaysian study, whereof 29.2% of the respondents were unaware about the information\(^1\). Hence, it is recommended to the health authorities to disseminate COVID-19 related information in a more precise and simplified way for better understanding. It is also advisable to the parents as well as teachers to help guide the children look into evidence-based information from legit sources, and not solely rely on the internet and/or forwarded messages or posts on social media.

In terms of sociodemographic factors, no significant difference was noted concerning gender. However, male students showed higher level of knowledge in comparison to females. This finding was contradictory to some of the previous studies that reported males having lower COVID-19 based knowledge\(^1\), \(^2\), \(^8\), \(^2\). Although higher age and level of education were significantly associated with increased knowledge, and was found to be consistent across all studies. The disparities could be due to differences in the learning and cognitive capability among children, parental supervision, etc. Furthermore, as mental health problems have been previously linked to lower KAP scores in primary school students\(^3\), it could also be a possible factor accountable for these differences.

CONCLUSION

Since knowledge is a critical tool in comprehending any phenomenon, and influencing one’s attitude and practice towards it, much effort is warranted to enhance the effectiveness of strategies implemented by the current government and to mitigate the outbreak of COVID-19.

Although this is among the first studies conducted among primary schools in Kedah, Malaysia, the current study holds its own limitations. First, considering the nature of the problem being investigated, generalization of the results should be done with utmost caution considering that the targeted sample was derived only from one state in Malaysia. Although the sample size was relatively huge, but all respondents were from the primary schools located in Kedah. Further work needs to be carried out using larger samples across the country. Second, regarding the level of knowledge, we did not identify the source of knowledge, whether it was from social media, television programs, media reports or school activities. Identifying the relevant platform might help in optimizing the deliverance of COVID-19 related information. Last but not the least, social desirability and introspective ability might influence the participants’ responses in self-administered questionnaires so qualitative strategies such as interviews can be utilized to collect holistic information. It is also recommended to conduct cohort studies to explore the causal association between knowledge, attitude, and practice.

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Ethics declarations

Prior permission was obtained from the schools and parents. The data anonymity was ensured. Consent for publication was also taken.

Conflict of interest

There is no conflict of interest for publishing this study.

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Author contributions

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